



**West Texas A&M University**  
2021 Spring Schedule Group X Classes  
Jan 11<sup>th</sup>- April 28<sup>th</sup>

*\*Classes follow the academic calendar. Class schedules are subject to change.*

<b>DAY</b>	<b>TIME</b>	<b>CLASS</b>	<b>LOCATION</b>	<b>INSTRUCTOR</b>
<b>MON/WED</b>	12:30 PM	<i>Buff Spin</i>	<i>CYCLE ROOM</i>	<i>Trish Brown</i>
<b>WED</b>	4:30 PM	<i>Zumba</i>	<i>MIRROR ROOM</i>	<i>Merrisa Lopez</i>
<b>TU</b>	5:00 PM	<i>HIIT it Cardio</i>	<i>MIRROR ROOM</i>	<i>Sami Thompson</i>
<b>MON/WED</b>	6:00 pm	<i>Kick Buffs</i>	<i>MIRROR ROOM</i>	<i>Darcy Webber</i>
<b>MON/WED</b>	6:30 PM	<i>Buff Spin</i>	<i>CYCLE ROOM</i>	<i>Emily MacPherson</i>

**Fees:**

- Current Students (FREE)
- Faculty/Staff (\$45/semester)
- Community (\$60/semester)

**Sorry, there are no refunds. You must be a member of the VHAC in order to participate in the class.** For any questions call the VHAC @ 806-651-2323 or come by room 124 in the Activities Center. All participants will need to fill out the proper paperwork in order to participate in the Group X classes.